

# The *Riel* Scoop

MÉTIS MONTHLY NEWSLETTER

NOVEMBER 2024

## *Looking* Ahead

UPCOMING EVENTS & SERVICES

### NATIONAL INDIGENOUS VETERANS DAY

Friday, November 8, 2024

On November 08, 2024, we honour our brave Indigenous soldiers, past and present for their sacrifices and service.

The Métis have a long and proud history as warriors. ∞ For generations, we have fought to maintain our freedoms and our rights, as well as the freedoms and rights of others. We are grateful to our veterans who confronted injustices and contributed to strengthening the Métis Nation.

Pictured in the photo from left to right is Barbara Emmrich, Brenda Genaille, and Walter Andreeff.



# MÉTIS WEEK CELEBRATION

Saturday, November 9, 2024

Celebrate Métis Week with us on Saturday, November 9, 2024, at the Slave Lake Legion Hall ☐☎ We're bringing our community together for a day full of culture, art, and fun for all ages.

- ☐ **Date:** Saturday, November 09, 2024
- ☐ **Location:** Slave Lake Legion Hall
- ☐ **Time:** 10:00 am to 4:00 pm
- ☐ **Lunch:** is served from 11:00 am to 1:00 pm

Join us in celebrating our culture, connecting with the community, and sharing in these wonderful activities! This event is in conjunction with Métis Week, observed across Alberta from November 12-15. Don't miss this chance to learn, create, and celebrate!

## Come Out And:

- Fish Scale Art
- Dot Art Painting
- Christmas Ornament Decorating
- Jigging
- Bannock Making
- Face Painting
- Cribbage & Marbles

## Learn About:

- Traditional Plants & Medicines
- Work from our Consultation Coordinator
- Our Harvesting Department
- RLI and its programs

# MÉTIS WEEK CELEBRATION DAY

SATURDAY, NOVEMBER 09, 2024 | 10:00AM TO 4:00 PM

Located at the Slave Lake Legion Hall  
Lunch is served from 11:00 am to 1:00 pm

## ACTIVITIES INCLUDE:

- ☐ Fish Scale Art
- ☐ Dot Art Painting
- ☐ Ornament Decorating
- ☐ Jigging
- ☐ Bannock Making
- ☐ Face Painting
- ☐ Cribbage Games
- ☐ Marble Games

## LEARN ABOUT:

- ☐ Traditional Plants & Medicines
- ☐ Work from our Consultation Coordinator
- ☐ Our Harvesting Department
- ☐ RLI Programs



MÉTIS DISTRICT 21  
Slave Lake, Alberta

# FESTIVE FAMILY SUPPORT PACKAGE

Saturday, November 09, 2024

The Otipemisiwak Métis Government, Children & Family Services Department's Festive Family Support Package will **open for registration on Saturday, Nov. 9, 2024, at 9:00 am**, while supplies last!

What's included? A \$200 Walmart gift card, a resource booklet, and no-cost ideas for a meaningful holiday season!

Who qualifies? Métis families in Alberta with children ages 0-11, and at least one child registered as a Citizen.

How to register: Head to our website or click the link in bio on November 9! Stay tuned!



Register on Nov. 09

# CLOSED FOR REMEMBRANCE DAY

Monday, November 11, 2024



As we mark Remembrance Day, we invite all citizens to share in a moment of silence as we honour those who have served so bravely in war and in peace. Defending Canada before there was Canada, our veterans risked their own lives to protect the freedom of our nation and ensure the safety of our people. Our democracy today is built on their sacrifices.

This November 11th, please take the time to thank our friends, neighbours, and all of our relations who have served – and who continue to serve. Lest we forget.

**We will be closed on Monday, November 11th, 2024, Remembrance Day.**

We apologize for any inconvenience this may cause. Thank you for your understanding, and we hope you have a wonderful and reflective weekend!

## MÉTIS FLAG RAISING IN THREE COMMUNITIES

Tuesday, November 12 2024

Join us in celebrating our culture, and connecting with the community, as we proudly raise the Métis Flag in these three communities in District 21.

### ☹️ **SLAVE LAKE FLAG RAISING:**

☐ **Date:** Tuesday, November 12, 2024

☐ **Time:** 10:30 am

☐ **Location:** Town of Slave Lake Office  
#10 Main Street SW

### ☹️ **HIGH PRAIRIE FLAG RAISING:**

☐ **Date:** Tuesday, November 12, 2024

☐ **Time:** 11:00 am

☐ **Location:** Town of High Prairie Office  
#4806 53rd Ave

### ☹️ **FOX CREEK FLAG RAISING:**

☐ **Date:** Tuesday, November 12, 2024

☐ **Time:** 10:00 am



This event is in conjunction with Métis Week, observed across Alberta from November 12th to 15th. Don't miss this chance to learn, create, and celebrate! ☹️

☐ **Location:** Town of Fox Creek Office  
#102 Kaybob Drive

## MEETING ANNOUNCEMENT SLAVE LAKE LOCAL #19

Monday, November 18, 2024

The Slave Lake Local #19 Métis will host a regular meeting on Monday, November 18, 2024. The details of the meeting are located below. ☐ Please note that this meeting is **not** a part of the Métis District #21, but is organized and run by the Slave Lake Local #19 Métis. Should you have any questions, please reach out to Shane Combs, President of the Slave Lake Local #19 at 780-849-9312.

**DATE:** Monday, November 18, 2024

**TIME:** 6:00 pm to 8:00 pm

**LOCATION:** Métis District #21 Office,  
#353 Main Street North, Slave Lake



## MARK YOUR CALENDARS & REGISTER TODAY FOR THE CHRISTMAS DINNER!

December 14, 2024

You're invited to a delicious community **MÉTIS CHRISTMAS DINNER** on Saturday,  
December 14, 2024 ☐ ☒ ☐

A scrumptious feast for our bellies, an evening to come together as a community, and the big man in red will be there! Santa will even have a gift for your little ones that day! To attend the event you must pre-register your family. A turkey or ham voucher will be gifted one per household. Children can receive a gift from Santa at the dinner and must be pre-registered to be approved. Applicants **MUST** be District 21 Citizens with a valid MNA Card Number.



☐ ☐ **REGISTRATION INFORMATION** ☐  
☐ ☐

**YOU MUST REGISTER TO** ☐

☐ **TTEND:** Download the registration form from the social post linked below, or request

Christmas Dinner & Gift Registration

Date: Sunday, December 14, 2024

Location: Slave Lake Inn & Conference Centre - upstairs Banquet Room. There is an elevator for mobility required. And in the front back for assistance.

Time: 3:00 to 7:00 pm

Email completed applications to: [region5@metis.org](mailto:region5@metis.org)

Name: \_\_\_\_\_ MNA Number: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email Address: \_\_\_\_\_

Deadline to apply: **November 20, 2024, at 4:00 PM**

**NO LATE APPLICATIONS WILL BE ACCEPTED**

**BOTH the Christmas Dinner and the gift certificate to ordering gift from Santa at the dinner is applicable. You MUST be in attendance for your child/children to receive a gift. The children MUST be 18 years of age & younger to receive a gift. Grandchildren don't qualify! **NO CASH** you see a high priority.**

Name of Child	Gender	Age

Number of people attending from your immediate family: \_\_\_\_\_

We are happy to gift one voucher for either a turkey or ham for your holiday dinner. One voucher per household. Please choose one:

Turkey Voucher valued at \$25 \_\_\_\_\_ OR Ham Voucher valued at \$20 \_\_\_\_\_

**\*\*\* PLEASE PROVIDE PROOF OF A VALID MNA CARD WITH YOUR APPLICATION \*\*\***

**DISTRIBUTION WILL BE SATURDAY DECEMBER 14, 2024, DURING THE CHRISTMAS DINNER ONLY.**

**\*\*CLICK THE IMAGE ABOVE OR THE BUTTON BELOW TO DOWNLOAD THE REGISTRATION FORM\***

**Registration Form**

a copy by emailing [region5@metis.org](mailto:region5@metis.org)

**Completed Registrations:** All participants **MUST** have their registration forms submitted by 4:00 pm on November 20, 2024. **No Late Registrations** will be accepted\*\* The completed registrations can be dropped off in person, or emailed to [region5@metis.org](mailto:region5@metis.org) ☒ ☐ ☐

☐ **IMPORTANT EVENT DETAILS**  
☐ ☐

☐ **DATE:** Sunday, December 14, 2024  
☐ **TIME:** 3:00 pm to 7:00 pm  
☐ **WHERE:** Slave Lake Inn and Conference Centre, upstairs banquet room  
☐ **SUPPER IS INCLUDED** and will be served only in one sitting at 5:00 pm

## CLIMATE RISK & VULNERABILITY ASSESSMENT

Tuesday, November 26, 2024

Weather is becoming less predictable and environmental hazards like wildfires and floods are becoming more common. Join us online from 6 – 7:30 p.m. to learn about climate change impacts in your territory.

Experts will share what can be expected in the coming decades and how it may impact the places you live and play. During these sessions, you will be provided with a space to share:

- What environmental changes you've been experiencing
- How environmental changes have affected you and your family
- What you've done to adapt to these changes

MNA Citizens who attend and participate will be entered to win 1 of 5 \$100 cash gifts per session as a thank you for sharing your time and input.



**Register Here**

**LOOKING FOR A GREAT STOCKING STUFFER?**

Have you started the search for the perfect holiday gifts? Our very own District 21's Métis Children's Book makes a great gift for your little ones.

□□ Based on a true story, "The Bear's Gift" follows our local elders Chili and Elmer as they guide a youth through difficult emotions while learning valuable traditional teachings.

Written and illustrated by the talented Angie, this enchanting story is made for young readers.□

☺ Come visit our Métis District 21 office during regular business hours to **purchase our new CHILDREN'S BOOK "The □ Bear's Gift."**□ The books are \$20 each.

*Please note, that we can only accept cash payments at this time.*



# Métis Youth & Children

## MÉTIS YOUTH SUCCESS STORY FROM OUR DISTRICT

# ISAAC SHUPAC

Métis Citizen Youth Success  
Stories from District 21



**..He is very proud of his Métis heritage, and displays the Métis Infinity symbol on his hockey helmet.**

Isaac began learning and practicing the Metis culture and traditions as a baby. His family roots come from Manitoba. His "Big Kokum" was born in Ste Madeleine, Manitoba, which was a Metis Community that was overtaken by the Province of Manitoba. Isaac and his mom still go back to Ste Madeleine for family gatherings, as the community, land and teachings are a big part of his life..

**..Isaac also participates in fishing, hunting and setting snares.."**

**Read the whole success story in the description!**



## ☐ Celebrating Isaac Shupac: Métis Sportsman, and Hunter ☹

"Isaac is 10 years old, and lives in Slave Lake. He attends EG Whalstrom School and is in grade 5. He is active in sports such as baseball and hockey. Aside from sports, Isaac is learning how to play the acoustic guitar, electric guitar and fiddle. He is very proud of his Metis heritage, and displays the Metis Infinity symbol on his hockey helmet.

Isaac began learning and practicing the Metis culture and traditions as a baby. His family roots come from Manitoba. His "Big Kokum" was born in Ste Madeleine, Manitoba, which was a Metis Community that was overtaken by the Province of Manitoba. Isaac and his mom still go back to Ste Madeleine for family gatherings, as the community, land and teachings are a big part of his life.

Isaac also participates in fishing, hunting and setting snares.

We are all excited to see what the future holds for this bright young man."

☹We can't wait to see what else Isaac is up to, thank you, Isaac, for carrying our traditions along with representing Métis Athletes!☐



## MÉTIS CITIZEN SUCCESS STORY FROM OUR DISTRICT

### PEARL SANDOR

Métis Citizen Success  
Stories from District 21



„While Pearl lived in Smithers, **she was the President of her local B.C. Association of Non-Status Indians**. Pearl served the Board for the Friendship Centre in High Prairie for seven years and was honored to be there representative at several national conferences. Pearl is now the Interim Representative of the New Dawn Métis Women's Society for Region 5, and the President of the Grouard Senior's Community Club..

„Pearl is also a **Métis artist, striving to save a traditional art form**. She learned how to do Fish Scale Art in her retirement and began to share her knowledge to both children and adults..”

**Read the whole success story in the description!**



☐ **Celebrating Pearl Sandor: A True Métis Nomad** ☐



We are incredibly proud to shine a spotlight on our amazing Métis District 21 citizen, Pearl Sandor!



"Pearl was born in High Prairie to a traditional Métis family that resided in Grouard. She is the

youngest of eight children, born to Charlie and Delphine. She was the only one of her eight siblings to be born in a hospital. Pearl attended the Saint Bernard Mission School in Grouard as a day student.

Charlie, her father, was a commercial fisherman, a trapper, a hunter, and later had a job with the Government of Alberta as a grader operator in Grouard. In 1958, Charlie was transferred to High Prairie for work.

Pearl's mother Delphine was a traditional bead artist, homemaker, and a seamstress. She would make moosehide jackets, mukluks, and slippers. Delphine was also an excellent cook and baker. Not only would she make the bride and the bridesmaids' attire, but she would also make the wedding cake. Delphine was also the Post Mistress for Grouard. Pearl's family owned a Pool Hall and Café as well.

In the winter of 1965, Pearl moved to Fort Saint John, British Columbia, then on to Vancouver. After Pearl relocated to Prince George where she met her first husband Mike Sandor. After marriage they relocated a few times within B.C. to Prince Rupert, Kitimat, Terrace, and Smithers.

Pearl and Mike's two daughters were born in Smithers where Mike also learned the drywall trade. Later they moved to Vanderhoof, then to Dawson Creek, to Bay Tree, to Swan Hills, and to Edmonton in 1987, after a tornado struck. The Sandor family decided to return to High Prairie in 1992.

Throughout her life, Pearl has had a variety of careers, including being in the hospitality industry, as a shipper and receiver for the Hudson Bay Company, a tree planter, a dry wall taper, working with mentally challenged adults, and most recently at the Pleasantview Seniors Lodge.

While Pearl lived in Smithers, she was the President of her local B.C. Association of Non-Status Indians.

Pearl served the Board for the Friendship Centre in High Prairie for seven years and was honored to be there representative at several national conferences. Pearl is now the Interim Representative of the New Dawn Métis Women's Society for Region 5, and the President of the Grouard Senior's Community Club.

Pearl is also a Métis artist, striving to save a traditional art form. She learned how to do Fish Scale Art in her retirement and began to share her knowledge to both children and adults. Traditional art is a rewarding pastime that Pearl loves sharing with others. In fact, she is currently teaching her granddaughter Ariss, who is now helping to share this almost lost traditional art form.

Pearl Sandor currently calls High Prairie her home and her time there has now been the longest period she has lived in one place! A true proud nomadic Métis!!"

☺ Thank you, Pearl, for carrying your stories, and our culture and for being an important voice for our community.

## TELL US ABOUT OUR DISTRICT'S CITIZEN'S SUCCESS STORIES!

Do you know someone in our community who has a success story worth sharing? We want to hear about it! Whether it's a personal achievement, a career milestone, or a positive impact on our community, we want to celebrate the successes of our Métis citizens.

**Nominate or recommend someone for** ☐



Our Métis Success Stories feature by

filling out the form linked below.

Share their inspiring journey with us! Share their inspiring journey with us!

**NOMINATE A SUCCESS**

[Click here to nominate someone, a team, or a business!](#)



## GET YOUR OWN COZY DISTRICT 21 **MERCH**

☺ Come visit our Métis District 21 office during regular business hours to **purchase our**

**new SWEATPANTS and our new CHILDREN'S BOOK "The Bear's Gift."**

☺ Our wonderful models Walter and Brenda are displaying our new District 21 Sweatpants.

□□ Our new Children's Book based on a true story, "The Bear's Gift." Written and illustrated by the talented Angie, this enchanting story is perfect for young readers. □ The books are \$20 each.



The Sweatpants are in limited quantity and in person on a first come first serve basis. The sweatpants are \$35 to \$40 based on size. *Please note, that we can only accept cash payments at this time.*

# Looking Back

LAST MONTH AT A GLANCE

## HALLOWEEN MINI MONSTERS

Thursday, October 31, 2024

□□ Thank You, Mini Monsters! □□ Mini Monsters is an event where children can go Trick-or-Treating during the day at local businesses to offer a safe holiday. Throughout the day we had an absolute blast handing out treats to more than 40 little trick-or-treaters who visited our office! Some were camera shy, but here are a few of the cuties we managed to capture □□

A big Thank You to all the kiddos who stopped by, and to Community Futures for organizing such a fantastic event! □ We loved being part of the fun and seeing all the amazing costumes. Can't wait to do it again next year! □□



TAKING TO THE SKIES TREE REPLANTING FOR

# PIPELINE RESTORATION

October 2024



[See More Photos](#)

## ☐☐ Taking to the Skies: Tree

Replanting for Pipeline Restoration ☐☐

A small dedicated Métis District 21 citizen team recently soared above the northern boreal landscape in a helicopter to scout locations for the pipeline company to replant trees, offsetting those lost during construction. ➔ The flight gave us a rare opportunity to see firsthand how pipeline cuts, both old and new, have transformed the land. These wide-open corridors, now clear of bush, pose challenges for wildlife like caribou, making them more vulnerable to predators. ☐☐

We discussed the types of trees and vegetation to be replanted, discussed important information on regrowth such as survival rates to assess the land and give our input on future replanting efforts. The choices made now will shape the future of this land, and we hope the Indigenous people selected for consultation continue to push for solutions that respect both the natural ecosystem and the Métis connection to this land. ☐

A huge thanks to those who joined this adventure: Bill, Chana, and Barbara! ☐ If you're interested in joining similar projects, stay tuned to our socials and email newsletters for future opportunities.

# TREE REPLANTING FOR PIPELINE RESTORATION

October 2024

☐☐ Pipeline Restoration Check: A Métis Adventure! ☐☐

Our District 21 Consultation Coordinator, Walter Andreef, led a team of Métis citizens on an important mission—scouting a completed pipeline and reporting their findings. Over three days, they traveled by quad and on foot, inspecting the land for signs of degradation, regrowth of vegetation, and signs of wildlife, including food sources for the caribou population. ☐☐ It was an adventure, complete with a few ATV mishaps and plenty of mud! But our resilient team pressed on, determined to complete the post-construction check. ☐☐



[See More Photos](#)

A big thank you to everyone who joined Walter on this adventure: Hilda, Shane, Chilly, Bill, Raine, and Hunter! ☐ If you're interested in participating in this kind of work, keep an eye on our socials and email newsletters for future opportunities.



Share This Email



Share This Email



Share This Email

# Metis Programs

METIS NATION OF ALBERTA



The images below are each a different program, service, or support for all Métis citizens from the Métis Nation of Alberta (MNA). Click on the images below to **Learn More** about each one.



Adult Dental



Business



Support Groups



Mental Health



Medical Stay



Transportation



Quit Smoking



Recovery



Therapy



Training



Mental Health



Harvesting



Reconciliation



FASD



Environment



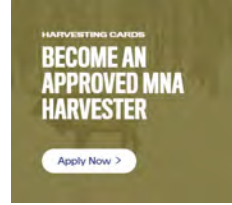
Housing



Climate



Apply Today



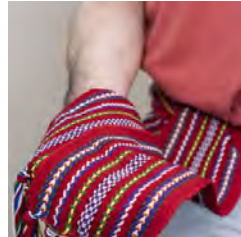
Apply Today



Education



Benevolence Fund



MNA Store



Culture



Financial

## PROGRAMS & SERVICES FOR YOUTH ONLY



Adult Dental



Readers



Scholarships



Podcast



Activities



Free Courses



Metis Youth



Hunters



Métis District 21 Lesser Slave Lake | 353 Main Street NW | Slave Lake, AB T0G 2A1 CA

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