

The *Riel* Scoop

MÉTIS MONTHLY NEWSLETTER

AUGUST 2024

Looking Ahead

UPCOMING EVENTS & SERVICES



MNA ZONE 5 ECONOMIC DEVELOPMENT AGM

Tuesday, August 6th, 2024

Join us for the MNA Zone 5 Economic Development Annual General Meeting. This excellent opportunity to learn about the economic strides we've made together is open to any MNA citizens in District 21. Your presence and input are valuable! Dinner will be provided.

RSVP with Walter at wandreeff@metis.org to register or phone him at **780-380-1468**. **Must register.**

Date: Tuesday, August 6th, 2024

Time: 5:00 pm to 7:00 pm, Supper Included

Location: The District 21 Office

MEETING NOTICE

ECONOMIC DEVELOPMENT ANNUAL GENERAL MEETING

Date: Tuesday, August 6th, 2024

Time: 5 pm to 7 pm

Location: The District 21 Office

Supper Included

MUST REGISTER

RSVP: 780-380-1468

Let's gather, share, and plan for a wonderful year!

NEW COMMUNITY GARDEN WORKING BEE

Tuesday, August 13th 2024

Join us Tuesday, August 13, 2024, for our Community **Garden Working Bee** & BBQ hot dogs & burgers at the Fournier Place Garden (beside the playground)! 🌱🌻
We're calling on all green thumbs and community members to come together and help us create a thriving garden space. To show our appreciation for your volunteer work, we'll be providing delicious BBQ hot dogs and burgers for all of the volunteers. So come hungry and ready to dig in! 🧑🌱 No need to worry about tools or equipment; we've got you covered! 👍



Just bring yourself, a lawn chair to sit on, your enthusiasm, and a willingness to get your hands dirty. Whether you're a seasoned gardener or a novice with a passion for learning, everyone is welcome to join us. The working bee will kick off at 4:00 pm and run until we're done, giving you the flexibility to join us at a time that suits you best. The BBQ hot dogs and burgers will start at 5:30 pm for those who volunteer. 🍔 Bring your friends, elders, and family members, as this will be a wonderful opportunity to connect and strengthen our community bonds. ❤️

DATE: Tuesday, August 13, 2024

TIME: Starts at 4:00 pm

PLACE: Fournier Place Park

BBQ: For all volunteers - starts at 5:30 pm ****Bring your own lawn chairs!**

ANNUAL CITIZEN'S GATHERING

Friday & Saturday, August 16th-17th 2024

Join us for the inaugural Citizens' Gathering on August 16-17, 2024, at the Edmonton Expo Centre.

This is your chance to make your voice heard, connect with the community, and celebrate being Métis at our 96th Gathering.

Don't forget to RSVP! Visit the MNA website to learn how to do so and for more information.

<https://albertametis.com/event/citizens-gathering-2024/>





VISIT OUR DISTRICT 21 TABLE AT THE ANNUAL CITIZEN'S GATHERING

Friday & Saturday, August 17th 2024

Visit us **August 17th, 2024**, at our ACG table to have the opportunity to win some sweatpants and an Otipemisiwak T-shirt. The booth will be run from 8:30 am to 4:30 pm.

Our wonderful models here are showing what will be at our table:

- ∞ Familiar Faces 😊
- ∞ D21 Sweatpants
- ∞ D21 Shirts
- ∞ District 21's book based on a True Story, "The Bear's Gift" (For Purchase Only)

MÉTIS OFFICE CLOSURES



We will be closed for the following days:

- July 29 to August 2 Closed for Youth Culture Camp
- August 5 Closed for Heritage Day
- August 7 to 9 Closed for professional development
- August 16 to 17 Closed for the MNA Annual Citizens' Gathering
- August 26 to September 3 Closed for holidays

SCHOOL SAFETY TIPS POSTING PICTURES ONLINE

📷 As we embark on a new school year, it's crucial to prioritize the safety of our precious ones. Here are four invaluable tips to keep in mind when capturing those cherished back-to-school moments:



1. **Guard Their School Identity:** Avoid sharing your child's school name publicly. In the digital age, a quick online search can reveal their location. If you must share, ensure your privacy settings are on point to limit visibility to friends and family only.
2. **Protect Teacher Information:** Refrain from disclosing your child's teacher's name. With school directories often including staff details, let's avoid making our children easily traceable. Limit the details you reveal about your child's school in public posts.
3. **Keep Their Favorite Things Private:** Keep your child's favorites offline. Someone could exploit these details to gain their trust. Let's safeguard our young ones from potential threats.
4. **Blur Logos and Identifiers:** Check your surroundings before snapping. Ensure logos and location markers are blurred or hidden, a simple step to shield their exact whereabouts.

OTIPEMISIWAK MÉTIS GOVERNMENT BENEVOLENCE FUND

You're never ready to lose a loved one. We understand the toll losing someone can take and we would like to help. Our Benevolence Fund was created for this situation, to offer some financial relief to our Citizens suffering a loss in their family.

If you are an immediate family member who is responsible for paying for the funeral and it has been no longer than 4 months since the day of passing, you could receive a one-time payout of \$500 to help cover funeral costs associated with losing a loved one.

If you would like more information or to apply, please email the MNA Supports and Services and Navigator at ssn@metis.org. You can also call our Provincial Office at 780-455-2200.



KAIROS BLANKET EXERCISE

Friday, September 27th, 2024

LIMITED ATTENDANCE | EMAIL US TO RSVP

When: Friday, September 27, 2024, 1:00 pm

Where: Multi Recreational Centre Field House, Slave Lake

RSVP: region5@metis.org

Join us for an enlightening workshop dedicated to truth, healing, and reconciliation for the past, and justice for the present. It's a powerful step towards decolonization, fostering respect and understanding among Indigenous and non-Indigenous communities.



FREE MOVIE SHOWING: INDIAN HORSE

Saturday, September 28th, 2024, 2pm

September 28th, 2024, FIRST COME, FIRST SERVE! Come join us at the Rex Theatre in Slave Lake to watch an adaptation of Ojibway writer Richard Wagamese's award-winning novel Indian Horse. Please bring a non-perishable food item donation for the Food Bank. Check with the Rex Theatre for matinee show time. **Must purchase your own concession items.

Rated PG in Alberta along with **content warnings** such as physical and sexual abuse, racism, and the ongoing trauma and impact of Canada's residential school system, all of which may be triggering and difficult for viewers.

Synopsis of Indian Horse:

"..In the late 1950's Ontario, eight-year-old Saul Indian Horse is torn from his Ojibway family and committed to one of the notorious Catholic Residential Schools. In this oppressive environment, Saul is denied the freedom to speak his language or embrace his Indigenous heritage while he witnesses horrendous abuse at the hands of the very people entrusted with his care. Despite this, Saul finds salvation in the unlikelyst of places and favourite winter pastime -- hockey. Fascinated by the game, he secretly teaches himself to play, developing a unique and rare skill. He seems to see the game in a way no other player can."

Visit this link to learn more about the film: <https://www.indianhorse.ca/en>



Métis Youth & Children

MÉTIS CUP

Friday - Sunday, August 2nd to 4th, 2024

Bring the whole family to the Metis Cup on August 2 - 4! 🏒👨👩👧👦 Enjoy a day of hockey, delicious food, face painting, and more. Our photographers will be documenting the weekend's events, and participants will receive access to the photos.

For more info on schedules and events, go to <https://www.metiscup.ca/>

LEARN MORE



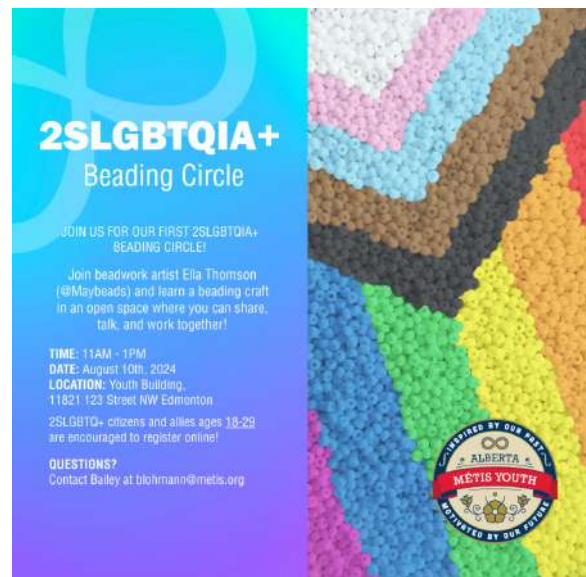
2SLGBTQIA+ BEADING CIRCLE

Saturday, August 10th, 2024

Join the MNA Métis Youth for their first 2SLGBTQ+ beading circle!

Experienced beadwork artist Ella Thomson (Maybeads) will walk participants through a beading craft, while also providing a space to talk and work together. 2SLGBTQ+ citizens and allies alike are encouraged to register.

This cohort is designed for youth **ages 18 - 29 years old!**



LEARN MORE

Digital Community

CONNECTION



MÉTIS CITIZEN SUCCESS STORY FROM OUR DISTRICT

PAIGE BELLERIVE

Métis Success Stories from
District 21



..Paige is a member of a National Métis Two Spirit Committee, where she advocates for and supports the Two Spirit community within the Métis Nation..

..Every year, Paige and her close friends work tirelessly to raise money for the Stollery Children's Hospital Foundation..

..She has spent countless hours learning and participating in national conferences, cultural teachings, Métis events, committees, and hands-on learning.."

Read the whole success story in the description!



📌 **Celebrating Paige Bellerive: A True Métis Inspiration!** 🇨🇦

We are incredibly proud to highlight the achievements of our very own Metis District 21 citizen, Paige Bellerive.

Paige's dedication to her community, culture, and personal growth is truly inspiring. She was nominated by her friend Chana and her sister Kuranda ❤️ Here are just a few of her recent successes:

Most recently Paige is a member of a National Métis Two Spirit Committee, where she advocates for and supports the Two Spirit community within the Métis Nation.

Paige graduated with her Visual Communications Diploma from NAIT and also completed the Reach For The Sky Métis Women's Leadership program from Les Femmes Michif Otipemisiwak, which included an Indigenous Leadership Skills Certificate from Saskatchewan Polytechnic 🎓 After starting her practicum at Truly Creative Marketing, Paige proved to be a perfect fit for the team and is now their amazingly creative graphic designer.

Every year, Paige and her close friends work tirelessly to raise money for the Stollery Children's Hospital Foundation through Extra Life, a video-game marathon fundraiser. 🙌 Her selflessness is evident as she often drops everything to help a friend in need. Paige volunteers weekly at the local Animal Rescue Centre (ARC), showing her unwavering commitment to helping animals in need 🐾

Paige is eager to learn as much as she can about her culture and is proud to be a Métis woman. She has spent countless hours learning and participating in national conferences, cultural teachings, Métis events, committees, and hands-on learning. She has mastered skills like beading, making bannock, filleting fish, tanning hides, harvesting rat root, creating moss and medicine bags, and making moccasins and mittens.

Join us in celebrating Paige's incredible journey and her contributions to our community. Her passion and dedication are an inspiration to us all.

Maarsi, Paige, for your continuous efforts to uplift and enrich our Métis culture. ❤️ ✨

Do you know a Métis Success Story in our District that deserves celebration? 🎉

TELL US ABOUT OUR DISTRICT'S CITIZEN'S SUCCESS STORIES!

Do you know someone in our community who has a success story worth sharing? We want to hear about it! Whether it's a personal achievement, a career milestone, or a positive impact on our community, we want to celebrate the successes of our Métis citizens.

Nominate or recommend someone for our Métis Success Stories feature by filling out the form linked below. Share their inspiring journey with us! Share their inspiring journey with us!

[Click here to nominate someone, a team, or a business!](#)



NOMINATE A SUCCESS

CALL FOR COMMUNITY GARDEN VOLUNTEERS

August 2024

After the amazing success of our Métis Community Garden last year, we are thrilled to announce that it is now prime garden season! We are looking for volunteers to help us at the Community Garden!

Last year, thanks to incredible volunteer support, **we were able to provide fresh produce to 96 Métis families through our community garden giveaway.** 🌱🍅 We're now looking for volunteers to join us in this rewarding endeavor.

Every hour of volunteer time makes a difference! Whether you have a green thumb or simply a passion for community involvement, we welcome you to be part of this wonderful initiative.

If you're interested in volunteering or would like more information, please email us at **region5@metis.org**. Let's grow together and make a positive impact in our community! ?



[LEARN MORE](#)



Looking Back

LAST MONTH AT A GLANCE



BOOK LAUNCH



WORKING BEE



PRIDE MONTH



SUCCESS STORY



Share This Email



Share This Email



Share This Email

Métis Programs

METIS NATION OF ALBERTA



The images below are each a different program, service, or support for all Métis citizens from the Métis Nation of Alberta (MNA). Click on the images below to **Learn More** about each one.



Adult Dental



Business



Support Groups



Mental Health



Medical Stay



Transportation



Quit Smoking



Recovery



Therapy



Training



Mental Health



Harvesting



Reconciliation



FASD



Environment



Housing



Climate



Apply Today



Apply Today



Education



MNA Store

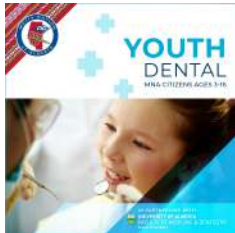


Culture



Financial

PROGRAMS & SERVICES FOR YOUTH ONLY



Adult Dental



Readers



Scholarships



Podcast



Activities



Free Courses



Metis Youth



Hunters



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