

MÉTIS MONTHLY NEWSLETTER



JUNE 2024

Looking Ahead

UPCOMING EVENTS & SERVICES

HAPPY FATHER'S DAY

Sunday, June 16, 2024

Today, we celebrate all the amazing fathers out there in every form they come—biological fathers, stepfathers, uncles, grandpas, and more. Your love, guidance, and strength shape our communities and our lives.

Thank you for all that you do to shape our lives! □ On this special day, we want to send thanks to all the fathers and father figures – past, present, and soon-to-be – for all their love and support. From our families to yours, we wish you a Happy Father's Day.



We also want to take a moment to acknowledge anyone who may be struggling with the loss of their father on this day. You are in our thoughts and we want to offer our support and love to you as well. \square



JOIN US FOR OUR BOOK LAUNCH!

Friday, June 21, 2024

 $\Box\Box$ Join us for the first-ever **BOOK LAUNCH** at Métis District 21! \Box

We are thrilled to announce the launch of "The Bear's Gift" - a children's book inspired by events at last year's Region 5 Métis Youth Culture Camp. $\Box\Box$

Come down to the Métis District 21 Office on Friday, June 21, 2024, from 10:00 AM to 2:00 PM for a fun-filled event! Enjoy a BBQ, special guests including the stars of the book Elder Elmer and Chilly, fiddle music by Zach Willier, and much more! $\Box\Box$

Written and illustrated by the talented Angie Saltman, this enchanting story is perfect for young readers. Books will be available for purchase by cash at the event.

□ Location: Métis District 21 Office
 □ Date: Friday, June 21, 2024
 □ Time: 10:00 AM to 2:00 PM

LEARN MORE

NATIONAL INDIGENOUS

PEOPLES DAY

Friday, June 21, 2024

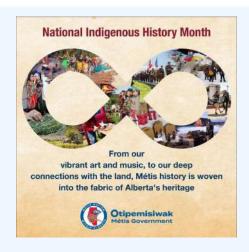
On this day, we honor and recognize the rich and diverse cultures, histories, and achievements of First Nations, Inuit, and Métis peoples. We invite everyone to join us in participating in the local events and activities organized to mark this special occasion.

This is an opportunity to deepen our understanding of Indigenous cultures and traditions and to show our support for Indigenous authors, musicians, artists, and businesses. Let us celebrate the unique and beautiful diversity of Indigenous peoples and continue to work towards building stronger relationships and communities. \square



Let us celebrate the unique and beautiful diversity of Indigenous peoples and continue to work towards building stronger relationships and communities. \square We hope that you will take this opportunity to learn, celebrate, and show your support.

We will be closed after 2:00 pm (After the Bear's Gift Book Launch) and will see you Monday, June 24, 2024!



NATIONAL INDIGENOUS

HISTORY MONTH

This month, we are celebrating the rich cultures, histories, and contributions of Indigenous peoples across Canada.

Join us as we highlight the incredible achievements, resilience, and traditions of the Métis people. From our vibrant art and music to our deep connections with the land, Métis culture is woven into the fabric of Alberta's heritage.



HAPPY PRIDE MONTH

Pride Month is a time to celebrate inclusion, diversity, and love. It is an opportunity to be seen, heard, understood, and accepted. The Otipemisiwak Métis Government is proud of and honours our Two-Spirit and LGBTQIA+ Citizens and offers our ongoing love and support to community members and allies!

For more on the resources mentioned in this post, please check out our Pride Month resources here:

LEARN MORE



MÉTIS FEST 2024

Friday & Saturday, June 21-22, 2024

Let's celebrate our beautiful Métis culture and traditions together! Join us at Métis Crossing on June 21 – 22 for our 6th Annual Alberta Métis Fest!

This year experience the Métis Jamboree, Jigging Competitions, Living Fiddle Legends, Artisan Market, Family Activities, Bingo, Food Trucks, and Much More!

We can't wait to see you there!

For more information visit albertametis.com/events/AlbertaMetisFest or email us at abmetisfest@metis.org





JULY LONG WEEKEND

CANADA DAY CLOSURE

Monday, July 1, 2024

 \odot Long Weekend Office Closure $\Box\Box$

Have a safe and enjoyable long weekend!

Our office will be closed on Monday, July 1, 2024, in observance of the holiday. We'll be back and ready to assist you on Tuesday, July 2, 2024. Take care and enjoy your time off!



MNA MEDICAL TRAVEL PROGRAM

Need to travel a great distance to attend medical appointments? Let us help you on your journey!

Our newly expanded Medical Travel Program can provide both mileage reimbursement and accommodations for Métis Citizens across the province. If you are an Otipemisiwak Métis Government Citizen travelling over 100 km to your next medical appointment, you may be eligible to apply.

Click here for the MNA application form.

For more information, contact the Health Program Coordinator at 780-455-2200 or health@metis.org





CONGRATULATIONS TO OUR 2024 GRADS

 \square Congratulations to the 2024 Graduates from our District! \square

We are incredibly proud of each and every one of

you for reaching this milestone. Your hard work, dedication, and perseverance have paid off, and we can't wait to see what amazing plans and adventures lie ahead for you. We invite you to share your stories and experiences with us—whether you have a moment to pop in or just want to drop us a message.



Your journey is just beginning, and we're excited to support you every step of the way. Best of luck in all your future endeavors! \Box

Metis Youth & Children

YOUTH CULTURE CAMP REGISTRATION OPEN

July 29th, 2024 to August 02, 2024

REGISTRATION IS NOW OPEN □ □ or the Youth Culture Camp!

Get ready for the annual **Youth Culture Camp** hosted by Métis District 21, happening from July 29 to August 02, 2024!

Our camp promises an enriching experience filled with cultural activities, learning sessions, and fun adventures.

Stay tuned for more details and \Box \Box egistration forms, coming soon.



REGISTRATION FORM

HOW TO REGISTER FOR CULTURE CAMP:

There are a few ways to register:

- Email region5@metis.org for your copy of the Registration Forms for the Youth Culture Camp. Please note that this camp has limited participants, so please register as soon as possible.
- 2. Download the forms below, complete them, and email them to region5@metis.org
- 3. Come down in office to complete the forms.

Make sure to follow our social media channels for all the latest updates! If you have any questions, please do not hesitate to reach out to our office at region5@metis.org.

OSKAYA AYAMICHIKEWAK

YOUNG READERS PROGRAM

Storytelling has always been a pillar of our community. To support literacy amongst our young ones, we have partnered with Dolly Parton's Imagination Library to offer young Métis readers four years old and younger a **FREE BOOK** every month!

You can easily **Register by email** to youngreaders@metis.org to get your child registered for the Oskaya Ayamichikewak Young Readers Program. Once registered, your child will receive a free book in the mail every month until they turn 5 years old!



LEARN MORE

For more information visit the MNA website: https://vist.ly/3586k

□ ⊗ MÉTIS NATION OF ALBERTA PROGRAM ⊗ □

This program is run by the Metis Nation of Alberta and NOT by our local District team. If you have questions please contact the MNA directly at cfsearlyyears@metis.org



TELL US ABOUT OUR DISTRICT'S CITIZEN'S

SUCCESS STORIES!

Do you know someone in our community who has a success story worth sharing? We want to hear about it! Whether it's a personal achievement, a career milestone, or a positive impact on our community, we want to celebrate the successes of our Métis citizens.

Nominate or recommend someone □
□or our Métis Success Stories □
□eature by filling out the form
linked below. Share their inspiring journey
with us!

Click here to nominate someone, a team, or a business!



NOMINATE A SUCCESS

CALL FOR COMMUNITY GARDEN VOLUNTEERS

June, July, & August 2024

After the amazing success of our Métis Community Garden last year, we are thrilled to announce that it is now prime garden season! We are looking for volunteers to help us at the Community Garden!

Last year, thanks to incredible volunteer support, we □
□ere able to provide fresh produce to
96 Métis families through our □
□ommunity garden giveaway. □□We're now
looking for volunteers to join us in this rewarding endeavor.



LEARN MORE

Every hour of volunteer time makes a difference! Whether you have a green thumb or simply a passion for community involvement, we welcome you to be part of this wonderful initiative.

If you're interested in volunteering or would like more information, please email us at **region5@metis.org**. Let's grow together and make a positive impact in our community!



LAST MONTH AT A GLANCE

SLAVE LAKE VENEER TIPI

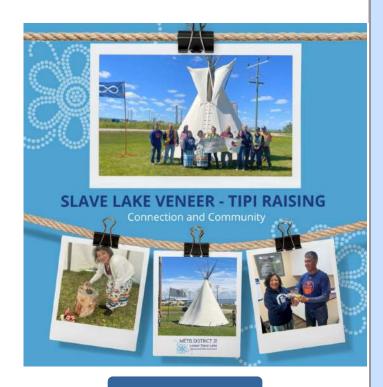
RAISING

Wednesday, June 5, 2024

 \circledcirc Thank You, West Fraser - Slave Lake Veneer! \square

Our team was honored to be invited to your Tipi Raising event. It was an incredible experience, and we are grateful for the opportunity to participate in such a meaningful cultural tradition.

Please read what they had to say about their event by clicking the "Read More Here"button and join us in celebrating this wonderful occasion.



Read More Here

COMMUNITY GARDEN WORKING BEE & BBQ

Monday, May 27, 2024

 \square What a wonderful evening we had at our Community Garden Working Bee & BBQ! \square

Despite having to reschedule twice due to rainy weather, we were thrilled to finally get out to the garden and plant all our beds. We shared laughs, good conversations, and delicious BBQ burgers.

A huge thank you to all our volunteers who came down to get messy and help us plant. We couldn't have done it without you!

Last year, thanks to your incredible support, we were able to provide fresh produce to 96 Métis families through our community garden giveaway. $\Box\Box$

Here's to another successful growing season!



Watch the Video

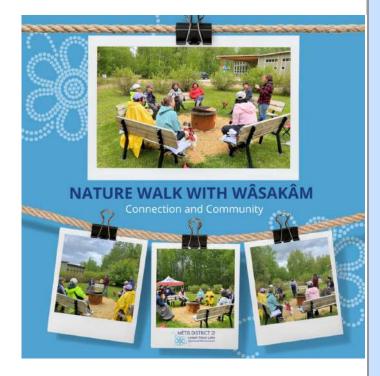
NATURE WALK WITH

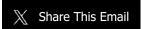
WÂSAKÂM

Sunday, June 9, 2024

 \square Nature Walk Event at Devonshire - A Wonderful Experience! \square

We had an amazing time at our Nature Walk Event! Thank you to everyone who joined us and embarked on this three-hour guided walk with Métis cultural educator Wâsakâm. We learned so much about traditionally utilized plants, their cultural significance, and their many uses. It was a fantastic opportunity to connect with nature and gain a deeper appreciation for the plants around us. Stay tuned for more events like this, and thank you for your participation!







Metis Programs

METIS NATION OF ALBERTA

The images below are each a different program, service, or support for all Métis citizens from the Métis Nation of Alberta (MNA). Click on the images below to **Learn More** about each one.



Adult Dental



Business



Support Groups



Mental Health



Medical Stay



Transportation



Quit Smoking



Recovery



Therapy



Training



Mental Health



Harvesting



Reconciliation



FASD



Environment



Housing



Climate



Apply Today



Apply Today



Education







MNA Store

Financial

PROGRAMS & SERVICES FOR YOUTH ONLY











Adult Dental

Readers

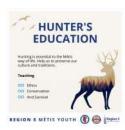
Scholarships

Podcast

Activities











Free Courses

Metis Youth

Hunters











Citizen Application | MNA | Programs + Services | Upcoming Events | Contact Us

