

The *Riel* Scoop

MÉTIS MONTHLY NEWSLETTER



MAY 2024

Looking Ahead

UPCOMING EVENTS & SERVICES



RECLAIMING OUR CHILDREN **ACT C.92 ENGAGEMENT SESSIONS**

UNITING METIS VOICES: Transforming Care for Our Children

The Metis Nation of Alberta invites you to participate in the Reclaiming Our Children: Act C.92 Engagement Sessions where together, we will shape a care model for Métis children and families who are currently receiving or are at risk of child intervention services.

All Citizens of the Otipemisiwak Metis Government are encouraged to join and contribute to the development of the C.92 Model of Care. Attendees **must register** to attend as there will be food available. Register by clicking the links or photos below.

Don't hesitate to contact Jordan Weeres at (780) 455-2200 ext. 290 or email at jweeres@metis.org for questions and assistance registering for this event.

Reclaiming Our Children

Act C.92 Engagement Sessions

What is happening?
We invite you to participate in the "Reclaiming Our Children" Act C.92 engagement sessions, where together, we will shape a care model for Métis children and families who are currently receiving or are at risk of child intervention services.

Who can participate?
All citizens of the Otchipewiswak Métis Government are encouraged to join and contribute to the development of the C.92 model of Care.

Do you have any questions?
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Uniting Métis Voices:
Transforming Care for Our Children

May 8, 2024

Slave Lake
Holiday Inn & Suites

5:30pm • Doors open
6:00pm • Supper
6:30pm • Engagement
8:30pm • End of session

SLAVE LAKE SESSION

Date: Wednesday, May 08, 2024
Time: 5:30 pm to 8:30 pm
Location: Holiday Inn & Suites Meeting Room, Slave Lake

[REGISTER TODAY](#)

Reclaiming Our Children

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Uniting Métis Voices:
Transforming Care for Our Children

May 7, 2024

High Prairie
Peavine Inn & Suites

5:30pm • Doors open
6:00pm • Supper
6:30pm • Engagement
8:30pm • End of session

HIGH PRAIRIE SESSION

Date: Tuesday, May 07, 2024
Time: 5:30 pm to 8:30 pm
Location: Peavine Inn & Suites, High Prairie

[LEARN MORE](#)

COMMUNITY GARDEN WORKING BEE & BBQ

Wednesday, May 15, 2024

Join us on Wednesday, May 15, 2024, for our Community Garden Working Bee & BBQ at the Fournier Place Playground!

We're calling on all green thumbs and community members to come together and help us create a thriving garden space. To show our appreciation for your volunteer work, we'll be providing a delicious BBQ supper for all of the volunteers. So come hungry and ready to dig in!

JOIN US FOR A

WORKING BEE

Help us create a thriving garden space and have a BBQ!

DATE: Wednesday, May 15, 2024
TIME: Between 4:30 pm to 8:00 pm
WHERE: Fournier Place Park
BBQ: For all volunteers - starts at 5:30 pm

Bring family, friends, and elders!
 Bring your own chairs. All tools are supplied.

MÉTIS DISTRICT 21
 Lesser Slave Lake
 Otchipewiswak Métis Government

No need to worry about tools or equipment; we've got you covered! Just bring yourself, a lawn chair to sit on, your enthusiasm, and a willingness to get your hands dirty. Whether you're a seasoned gardener or a novice with a passion for learning, everyone is welcome to join us.

The working bee will kick off at 4:30 pm and continue until 8:00 pm, giving you the flexibility to join us at a time that suits you best. The BBQ dinner will start at 5:30 pm for those who volunteer. Bring your friends, elders, and family members, as this will be a wonderful opportunity to connect and strengthen our community bonds.

DATE: Wednesday, May 15, 2024
TIME: Between 4:30 pm and 8:00 pm
PLACE: Fournier Place Park
BBQ: For all volunteers - starts at 5:30 pm
Bring your own lawn chairs!

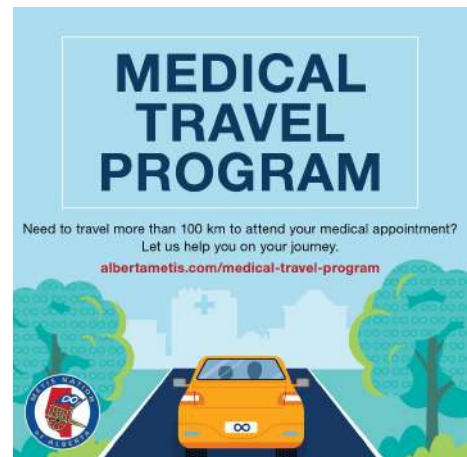
MNA MEDICAL TRAVEL PROGRAM

Need to travel a great distance to attend medical appointments? Let us help you on your journey!

Our newly expanded Medical Travel Program can provide both mileage reimbursement and accommodations for Métis Citizens across the province. If you are an Otipemisiwak Métis Government Citizen travelling over 100 km to your next medical appointment, you may be eligible to apply.

[Click here for the MNA application form.](#)

For more information, contact the Health Program Coordinator at 780-455-2200 or health@metis.org



[LEARN MORE](#)

MAY LONG WEEKEND VICTORIA DAY CLOSURE

Monday, May 20, 2024

The May Long Weekend is here! In recognition of Victoria Day on Monday, May 20, 2024, our office will be closed to allow our dedicated team to make cherished memories with their loved ones and get some well-deserved rest.

We apologize for any inconvenience this may cause and appreciate your understanding. Wishing you all a fantastic long kisipipayô oḱísiḱâw (weekend), filled with joy, laughter, and quality time with those who matter most!

Thank you for being a wonderful part of our community. See you when we're back to our regular hours! ☐☐



TRADITIONAL

PLANT WALK

Sunday, June 09, 2024

The Otipemisiwak Métis Government's Environment and Climate Change Department is pleased to bring another Traditional Plant Walk to our District again!

Embark on a guided walk with Métis cultural educator Natalie Pepin and learn about traditionally utilized plants. Gain a deeper understanding of the plants around us, their cultural significance, and how they can help us.

Sign-up opens one week before each event date. Check your calendar to see if you can attend! You can learn more and **REGISTER HERE.**

DATE: Sunday, June 09, 2024

TIME: 1:00 to 4:00 pm

LOCATION: To be determined

CALL FOR COMMUNITY GARDEN VOLUNTEERS

May, June & July 2024

After the amazing success of our Métis Community Garden last year, we are thrilled to announce that we're gearing up to start again in May 2024!

Last year, thanks to incredible volunteer support, **we were able to provide fresh produce to 96 Métis families through our community garden giveaway.** We're now looking for volunteers to join us in this rewarding endeavor.

Every hour of volunteer time makes a difference! Whether you have a green thumb or simply a passion for community involvement, we welcome you to be part of this wonderful initiative.

If you're interested in volunteering or would like more information, please email us at **region5@metis.org.** Let's grow together and make a positive impact in our community!

SAVE THE DATE: NATIONAL INDIGENOUS PEOPLES' DAY



LEARN MORE

*This program is run by the Metis Nation of Alberta and NOT by our local District team. If you have questions please email environment@metis.org



LEARN MORE

Friday, June 21, 2024

Join us for a day filled with drumming, dancers, celebrations, kids games, and a craft table! It's a fantastic opportunity to learn more about Indigenous culture, traditions, and history while having a lot of fun with the whole family. □

Stay tuned for more details coming soon! We can't wait to celebrate with you all!

SAVE THE DATE



Door Prizes | Food | Shop | Live Entertainment

CELEBRATE YOUR MOM

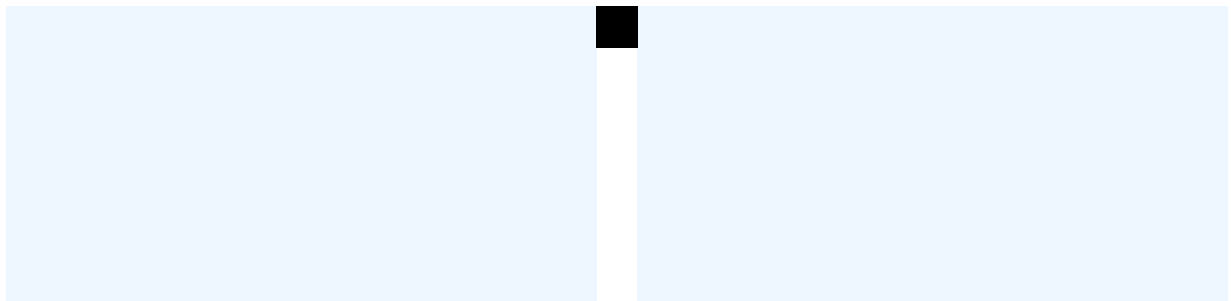
Sunday, May 12, 2024

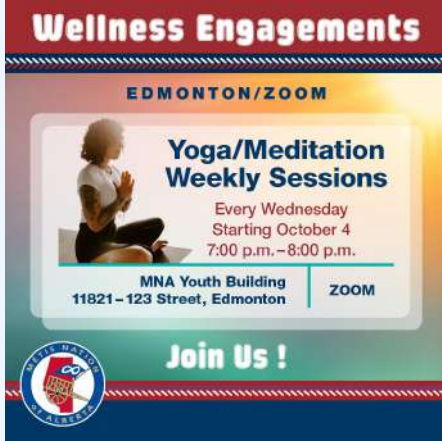
Let's take a moment to celebrate and honor all the incredible mothers, kohkums, aunties, and chosen families on this special day. □

You are an invaluable part of your family and community, and we want to thank you for all the love and support you provide. Your dedication and sacrifices do not go unnoticed, and we are grateful for everything you do. We would like to thank all Ki kâwe (your mother), K'ohkom (your grandmother) and Ni kâwis (Aunties) for their love and support. From our families to yours, we wish you a day of enjoyment and love. Happy Mother's Day!



We also want to take a moment to acknowledge anyone who may be struggling with the loss of their mother on this day. You are in our thoughts and we want to offer our support and love to you as well. □





YOGA/MEDITATION WEEKLY SESSIONS

Every Wednesday 6pm to 7pm on Zoom

Centre yourself with breathwork, relaxation, and movement at our Weekly Yoga and Meditation classes. Wednesday sessions, 7 pm to 8:00 pm. Available both in-person and online. For more information, contact Lisa at lvaughn@metis.org

[REGISTER TODAY](#)



TOBACCO PEER SUPPORT

Every Monday, 7-8 pm on Zoom

Do you smoke, vape, or use smokeless tobacco and wish you had group support to help you reduce, quit, or continue your quitting journey? ChangeCore may be the right fit for you.

[LEARN MORE](#)

Metis Youth

MÉTIS AGES 0 TO 29 

YOUTH CULTURE CAMP SAVE THE DATE

July 29th, 2024 to August 02, 2024

Get ready for the annual **Youth Culture Camp** hosted by Métis District 21, happening from July 29 to August 02, 2024!

Our camp promises an enriching experience filled with cultural activities, learning sessions, and fun adventures. **Stay tuned for more**
 etails and registration forms,
 oming soon.

Make sure to follow our social media channels for all the latest updates! Save the Date in your calendars!



GEAR UP FOR SCHOOL REGISTRATION OPEN

Registration opened May 04, 2024

The moment is here! Applications are officially open for the 2024/2025 Gear Up for School program. If you have any inquiries about the program or need assistance with the application process, please don't hesitate to reach out to a member of the CFS Early Years Team at CFSEarlyYears@metis.org or give us a call at 780-455-2200. We're here to help!

*This is an MNA program. To Register please click the button.



**REGISTER
NOW!**

Digital Community

CONNECTION



OUR CITIZEN'S REPRESENTATIVE

Taansi,

For those of you who don't know me, my name is Grant Lacombe, and I am proud to be the Otipemisiwak Métis Government of the Métis Nation within Alberta Citizens' Representative for Lesser Slave Lake Métis District 21. I have been asked what I have been working on since being elected. Following the swearing-in, I had the pleasure of visiting some communities, such as, Faust, Sunset House, and Swan Hills, just to name a few. It's been great connecting with familiar faces and meeting new people.



I was also honoured that President Sandmaier appointed me as Secretary of Harvesting and Culture. Hunting, fishing, and trapping has been a major part of my life. I have had the opportunity to travel to advocate and look forward to putting forward legislation for Citizens' Council's consideration at a future date related to the outdoors. I was also proud to be appointed to the Legislative Proposal Assessment Committee.

I have been asked about the transition process, and I can assure you that progress is being made. Moving from Locals and Regions to Districts is a long process with many moving parts. There is a lot of work taking place behind the scenes and I want to thank all the staff involved for their hard work.

This could not have been done without the hard work of the talented people at the Slave Lake Local #19. I will update you as soon as we have a firm date for the Special Meeting.

I also want to express my heartfelt condolences to the families of Herb Anderson, Clarence Norris, and Fred Auger. All three knowledge keepers lived long and fulfilling lives. Many of us knew them well, and I share in your grief.

Finally, I would like to remind all citizens in the Lesser Slave Lake Métis District that I am your advocate at Citizens' Council. I welcome your feedback and can be reached at GLacombe@metis.org.

WE WANT TO HEAR FROM YOU: **HAVE YOU FELT THE EARTH SHAKE**

Have you ever felt the earth shake where you live during the past 2 years? Has it led to any damage you needed to repair and/or did it make you feel anxiety when it occurred?

TELL US FOR A CHANCE TO WIN A \$50 GIFT CARD!

1 Minute Survey



WE WANT TO HEAR FROM YOU!

Have you ever felt the earth shake where you live during the past 2 years?

TELL US AND HAVE A CHANCE TO WIN A \$50 GIFT CARD

MÉTIS DISTRICT 21
Lesser Slave Lake
Otipemisiwak Métis Government

The District offices (21 & 22) of the Lesser Slave Lake Traditional Métis area want to hear from you and know if you remember one or more of the large Seismic events that occurred during the dates of November 29th, 2022, and March 16th, 2023. We are going to write a report on what we find out and to submit it to the authorities.

Your personal information except unattributed comments will not be shared outside of the Otipemisiwak Métis Government.

People who submit comments will be entered into a draw for a \$50 gift card so fill out your forms completely.

TELL US ABOUT OUR DISTRICT'S CITIZEN'S SUCCESS STORIES!

Do you know someone in our community who has a success story worth sharing? We want to hear about it! Whether it's a personal achievement, a career milestone, or a positive impact on our community, we want to celebrate the successes of our Métis citizens.

Nominate or recommend someone

or our Métis Success Stories

feature by filling out the form linked below. Share their inspiring journey with us!

[Click here to nominate someone, a team, or a business!](#)



We want to hear

SUCCESS STORIES
IN OUR DISTRICT

Nominate them in our form!

MÉTIS DISTRICT 21
Lesser Slave Lake
Otipemisiwak Métis Government

NOMINATE A SUCCESS

THANK YOU FOR THE BEAUTIFUL GIFTS

We wanted to send a heartfelt thank you to our long-term volunteer and citizen Donna Sinclair-Gullion for the beautiful handmade gifts she created for our Executive Director Brenda, Wellness Coordinator Barbara, and Consultation Coordinator Walter. They are both framed maps of our District 21 with hand-embroidered hearts. They are stunning and mean so much!



Looking Back

LAST MONTH AT A GLANCE

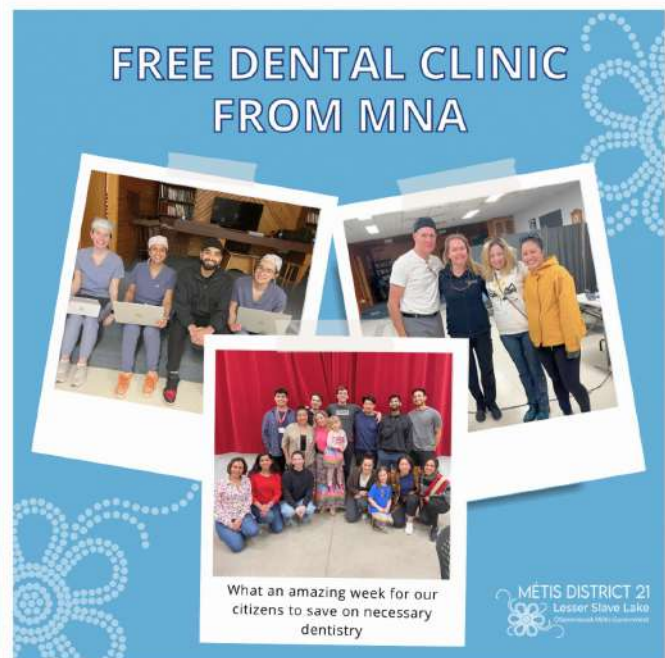
MNA FREE DENTAL CLINIC IN DISTRICT 21

April 15 to 19, 2024

We were so thankful to have the MNA Free Dental Clinic come to our District from April 15 to 19, 2024 to offer free dentistry to our citizens.

The temporary dental clinic was set up in the Faust Community Hall and they offered free dental services to our District 21 Citizens including dental exams, oral cleanings, cavity fillings, and simple extractions. They also had food available and cultural activities!

Thank you so much for taking care of our citizens and offering this great service!



See More
Photos

MOSSBAG & BONNETS TEACHINGWORKSHOP

April 27, 2024

We loved seeing the youth learn to create their very own Mossbags and matching bonnets from the traditional Métis artist Ann Hardy. The final products are so beautiful, warm, and the teachings that came along with the mossbags and their history were also passed onto the youth. Thank you Ann Hardy for the amazing lesson!



Share This Email



Share This Email



Share This Email

Métis Programs

METIS NATION OF ALBERTA

The images below are each a different program, service, or support for all Métis citizens from the Métis Nation of Alberta (MNA). Click on the images below to **Learn More** about each one.



Adult Dental



Business



Support Groups



Mental Health



Medical Stay



Travelling for your cancer-related appointments? WE CAN HELP!



ZOOM VIDEO SESSIONS BEGIN ON January 17 - 8:00-8:00 p.m. REGISTRATION DEADLINE: JANUARY 10



Contact the MNA's Community Wellness Advocate at CWA@mna.org to see if you're eligible for financial support in your opioid recovery journey.



ONLINE OPIOID AWARENESS AND COMMUNITY-BASED NALOXONE TRAINING COURSE

Transportation

Quit Smoking

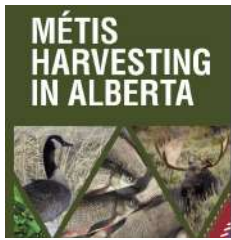
Recovery

Therapy

Training



Mental Health



Harvesting



Reconciliation



FASD



Environment



Housing



Climate



Apply Today



Apply Today



Education



MNA Store

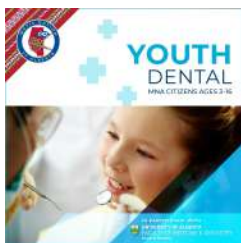


Culture



Financial

PROGRAMS & SERVICES FOR YOUTH ONLY



Adult Dental



Readers



Scholarships



Podcast



Activities



Free Courses



Metis Youth



Hunters



[Citizen Application](#) | [MNA](#) | [Programs + Services](#) | [Upcoming Events](#) | [Contact Us](#)

Métis District 21 Lesser Slave Lake | 353 Main Street NW, Slave Lake, T0G 2A1 Canada 780-849-4654

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